

Albertsons - RH24

Chest

With arms down at sides, measure around upper body, under arms and over the fullest part of the chest.

Neck

Measure around the base of the neck, inserting a finger or two between the tape and the neck for comfort.

Arm

Place hand on hip. Start at the center of the back of the neck and measure across the shoulder, to the elbow, and then down to the wrist.

	Chest	Neck	Arm
XS	32-34	14.5 - 15	30.5
S	35-37	15 - 15.5	32
M	38-40	15.5 - 16	34
L	41-43	16 - 16.5	35
XL	44-46	16.5 - 17	36.5
2XL	47-49	17 - 17.5	37.5
3XL	50-53	17.5 - 18	38.5
4XL	54-57	18 - 18.5	39.5



Please contact Customer Service with any questions 888.756.9898